

## Videoconferencing Activity with Classmate (Module 10)

**Directions:** Below are the cases with a number assigned to each case. Please look at the spreadsheet (linked in this module) with emails and role assignments. You will have a role as a provider and as a patient that matches with one of the numbers/cases below. Please become familiar with the cases for both of your roles (patient & provider). You should not have any trouble portraying the cases or serving as the provider for your case. Remember, the focus is on Etiquette and the ability to start and conduct a visit/provide education. You will not be scrutinized on knowledge of patient management. Review the evaluation Rubric to identify how to conduct the visit and telehealth etiquette. *Also review the Module 7 Videos on Telehealth Etiquette, Module 8 Videos on Conducting a Physical Exam, and Module 9 Videos on Patient Education. Please post your evaluations of the student you are paired with and the zoom videoconferencing link (must be recorded in the cloud) under the Forum/Discussion for this module.*

### Patient Cases

- 1. Frustrated discharged patient:** You are a caregiver of a patient with asthma. You are confused regarding how to keep the patient from developing an asthma attack. Your goal is to develop a better understanding of how to manage the environment to decrease the occurrences of asthma. You are having a telehealth educational visit with the patient's provider to learn to best manage the patient.
- 2. Diabetes:** You have recently been diagnosed with Type Two Diabetes. You are receiving a visit to educate you on how to assess and prevent complications involving your feet (i.e., skin lesions, poor circulation, injuries, poor sensory) and to use the diabetes sensor and pod.
- 3. Concussion:** You are on the soccer field where you hit your head on the goal post. You are concerned that you might have a concussion. The coach has contacted the athletic trainer or NP that will be doing a virtual concussion assessment via telehealth.
- 4. Ankle injury:** You are playing baseball and twisted your ankle coming into home plate. The coach is trying to decide if you can go home or if you need to go to the ED. You are meeting with the athletic trainer/NP via telehealth to best understand what you need to do.
- 5. Stroke:** You had a stroke and are now struggling with right sided weakness. Due to the difficulty traveling to the provider/therapist's office, you are having an initial visit post-discharge via telehealth. You are afraid of falling and are having trouble with your ADL's. You are also having trouble getting your words out.
- 6. Cardiopulmonary:** You have a history of CHF. Over the past few days, you have noticed shortness of breath, a weight increase and swelling in your ankles and abdomen. You have not been taking the Lasix 20 mg that you were prescribed because you hate to run to the bathroom frequently. You don't understand why the Lasix is so important.
- 7. Developmental Evaluation:** You are the parent of a 6-month-old that spent his first few months in the NICU. You live in rural Virginia and have trouble traveling to the hospital where your child received care. You are visiting with the NNP today via telehealth for your child's developmental follow-up.
- 8. G-Tube placement:** Your infant has recently had a G-Tube inserted. You are meeting with the NNP from the hospital where your child had been in the NICU. The NNP is assessing the G-Tube and providing you with instructions on G-Tube care and administering feedings.